

#### Patrician Seeds Program (2019):

To inculcate outreach as a part of daily life, a unique Patrician Extension Service, SEEDS Program was initiated. All the first year students are enrolled in the Outreach Team –Students Educate and Empower Disadvantaged of the Society). The Patrician Seeds is a year-long regular outreach program functioning with 1 outreach unit in each department. It is coordinated by a faculty coordinator and 2 student leaders. Each student fulfills 40 hours of outreach activities.

| B.C.A.   |   |
|--|---|
| Survey on the various issues of the Community at Kallukuttai, a ghetto in Chennai. |   |
| DATE   | 27th July 2019 F A  |
| COLLABORATION WITH   | CHES (Child Helpline)   |
| AREA   | Kallukuttai, a ghetto   |
| ACTIVITY   | To create awareness on Child Helpline facilities available and how to approach them during time of need |

| B.C.A.           |   |
|------------------|---|
| Literacy Program | for the Fishing Community                           |
| DATE             | 30 <sup>TH</sup> July 2019                          |
| AREA             | Dooming Kuppam, a fishing hamlet                    |
| ACTIVITY         | Literacy Program was taken for fisherman community. |



| B.C.A.                                  |  |
|---|--|
| Cleanliness Awareness in Dooming Kuppam |  |
| DATE                                    | 3 <sup>rd</sup> August 2019  |
| AREA                                    | Dooming Kuppam, a fishing hamlet   |
| ACTIVITY                                | Cleaning was done by students. Also they wer taught on the naed for cleanliness. |

| EGE OF ART                      |   |
|---------------------------------|---|
| B.C.A.                          |   |
| Eye Camp Awareness and Eye Camp |   |
| DATE                            | 8 <sup>th</sup> and 22 <sup>nd</sup> August 2019  |
| AREA                            | Dooming Kuppam, a fishing hamlet  |
| ACTIVITY                        | An interaction with the Community Head for organizing eye camp. Survey of the location was done Door to door information was passed about eye camp Eye camp was conducted |







27.07.2019 - A student explaining on the Child Helpline





03.08.2019 - Cleaning Activity taken up at Dooming Kuppam



| B.SC COMPUTER SCIENCE |   |
|-----------------------|---|
| DATE                  | 19/08/2019 TO 23/09/2019 and 25/08/2019   |
| COLLABORATION<br>WITH | MCDC, Shasthri Nagar  |
| AREA                  | Srinivasapuram, Thiruvanmiyur, Chennai  |
| ACTIVITY              | For the Community  1.Train the community in some income generation productions — Paper Bag Making  2. Photo Frame Making  3. Train them in dance  4. Teaching them Yoga |
| 0,10,10               | For the Elderly 1.Teach them Yoga 2.Teach them dance 3. Take them to beach for walk 4. Story telling 5.Newspaper reading & explanation                                  |
|                       | For the Children  1. Teach them group dance  2. Teach them subjects  3. Join them for Frisbee  4. Teach them Karate  5. Conduct indoor games                            |

| B.SC COMPUTER SCIENCE                                   |  |
|---|--|
| Computer Literacy Awareness for the Fishermen Community |  |
| DATE  | 11/9/2019  |
| COLLABORATION<br>WITH                                   | Visai Padagu Meenavar Sangam   |
| AREA  | Kasimedu, a large fishing hamlet   |
| ACTIVITY  | An awareness program was conducted on the need for Computer Literacy Program for the fishermen community |



| B.SC COMPUTER SCIENCE                         |  |
|---|--|
| Coastal Clean Up at Thiruvanmiyur Beach (ECR) |  |
| DATE  | 21/09/2019   |
| COLLABORATION<br>WITH                         | Save Turtle Organization   |
| AREA  | Thiruvanmiyur Beach, Chennai   |
| ACTIVITY                                      | Around 25 students participated and helped the team in collecting the waste such as Food wrappers such as candy, chips, etc, plastic bottle caps, metal bottle caps, grocery plastic bags, cigar tips etc. |

| B.SC COMPUTER SCIENCE                     |   |  |
|---|---|--|
| Rally On Aids Awareness And Ageing Issues |   |  |
| DATE                                      | 11/11/2019  |  |
| AREA                                      | Adyar, Chennai  |  |
| ACTIVITY                                  | Around 20 students participated in the rally by holding the placards related to the Aids awareness and ageing issues. |  |



21.09.2019 - Students involved in the Beach Clean up



11.11.2019 - Rally On Aids Awareness And Ageing Issues

| BCOM GENERAL                              |   |
|---|---|
| Vidhay Vidaythai Seed Planting Initiative |   |
| DATE                                      | 3/8/2019  |
| COLLABORATION WITH                        | Farm Life Retail Network, Chennai   |
| AREA                                      | College Campus  |
| ACTIVITY                                  | To create awareness amongst student community and the general public about the Natural /Native food products cultivated in the natural farming by using the heritage methods without any chemical based pesticides/insecticides |



| BCOM GENERAL                               |  |
|--|--|
| Helmet Awareness Program for the Motorists |  |
| DATE                                       | 31/8/2019  |
| COLLABORATION<br>WITH                      | Adyar Traffic Police Wing  |
| AREA                                       | Thiruvanmiyur, Chennai   |
| ACTIVITY                                   | To increase awareness & knowledge about the need for helmets in preventing head injuries |

| BCOM GENERAL                                |   |
|---|---|
| Prevention Of Dengue – An Awareness Program |   |
| DATE  | 08/09/2019  |
| COLLABORATION<br>WITH                       | Perungudi Corporation Office  |
| AREA  | Kallukuttai, Perungudi, Chennai   |
| ACTIVITY                                    | To determine the level of knowledge and practice of dengue control amongst the community.  To create awareness on the effective and natural methods of dengue prevention. |



| BCOM GENERAL          |   |
|-----------------------|---|
| Pond Cleaning         |   |
| DATE                  | 14/9/2019   |
| COLLABORATION<br>WITH | Communitree   |
| AREA                  | Dhobi Pond, Neelankarai, Chennai  |
| ACTIVITY              | To promote Conservation and rejuvenation of degraded ponds for recharging aquifers of the state  To Control pollution of small water bodies and uncontrolled discharge of waste water, and sold effluents to ponds  Enhancing natural beauty and providing a green space for enriching the spiritual, aesthetic and social life of dwellers |



31.08.2019 - Helmet Awareness Program in Progress at Thiruvanmiyur Signal



31.08.2019 - Helmet Awareness Program for the Motorists at Thiruvanmiyur





08.09.2019 - Dengue Awareness Program at Perungudi



08.09.2019 – Dengue Awareness Pamphlets distributed in Perungudi Area



14.09.2019 - Dhobi Pond cleaning in process at Neelankarai



14.09.2019 - Dhobi Pond cleaning in process at Neelankarai

| B.A. ENGLISH          |   |  |
|-----------------------|---|--|
| Literary Day Program  |   |  |
| DATE                  | 7 <sup>th</sup> September 2019  |  |
| COLLABORATION<br>WITH | Mithralaya Foundation   |  |
| AREA                  | Shishu Bhavan and St. Peter's Model High School   |  |
| ACTIVITY              | To enlighten students on the need for literacy The importance of continuing with education and not discontinuing for any reason |  |





07.09.2019 - visit to Sishu Bhavan to create an awareness about the importance of Literacy



07.09.2019 - visit to Sishu Bhavan to create an awareness about the importance of Literacy

| B.S.W.        |  |  |
|---------------|--|--|
| Transect Walk | J.S.   |  |
| DATE          | 30th July 2019   |  |
| AREA          | Kotturpuram  |  |
| ACTIVITY      | The transect was conducted which paved way to understand the following  Housing conditions  Public transit access points  Street commerce  Non-governmental organizations, churches, and neighborhood institutions  Public spaces  Stores (e.g. pharmacies, grocery stores, open air markets)  Sanitation (e.g. water, sewerage, garbage collection and blockage points)  Location of health facilities  Contaminated spaces |  |





30.07.2019 - Transect Walk at Kotturpuram by the students

| B.S.W.                         |   |  |
|--------------------------------|---|--|
| Interaction With ICDS Children |   |  |
| DATE                           | 1st August 2019 TO STRIVE   |  |
| AREA                           | Kotturpuram   |  |
| ACTIVITIES                     | The students visited the Intergrated Child Development Service in Kotturpuram and interacted with children. The students had a clear understanding about the various aspects of ICDS. The students conducted games and activities for the children in ICDS and served them some biscuits and sweets |  |





01.08.2019 - Interaction with Kotturpuram ICDS children

| B.S.W.                          |  |  |
|---------------------------------|--|--|
| Awareness on Food and Nutrition |  |  |
| DATE                            | 6 <sup>TH</sup> August 2019  |  |
| AREA                            | Kotturpuram  |  |
| ACTIVITIES                      | An awareness program was conducted for the women on Nutrition. The students emphasised on the poor eating behaviours and how nutrition deficits may affect health and increase healthcare costs. To promote good eating habits among the community people especially women. To increase people's awareness of the nutritive value of foods and proper dietary practices. |  |





06.08.2019 - Awareness Program on Food and Nutrition to the Gypsy Women, Kotturpuram

| B.S.W                    |  |  |
|--------------------------|--|--|
| Awareness on Cleanliness |  |  |
| DATE                     | 10 <sup>TH</sup> August 2019   |  |
| AREA                     | Kotturpuram  |  |
| TOTAL HOURS              | 4 hours TO STRIVE  |  |
| ACTIVITIES               | The objective of the project is to spread the awareness among people that cleanliness is next to Godliness. People throw litter everywhere without understanding the harms of unhygienic conditions. We support this cause for better environment and always participate in the activities related cleanliness in our city |  |





10.08.2019 - Students during a Rally on Cleanliness at Kotturpuram

| B.S.W.                     |  |  |
|----------------------------|--|--|
| Interaction with SHG Women |  |  |
| DATE                       | 13st August 2019   |  |
| AREA                       | Kotturpuram TO STRIVE  |  |
| ACTIVITIES                 | The students gave motivational speech to the SHG members and encouraged them to develop their skills and have a enhanced living. The students had enacted a play for the SHG members on the importance of Savings and Women Education. |  |





13.08.2019 - Interaction with the SHG Women of Kotturpuram

| B.S.W.                                |  |  |
|---------------------------------------|--|--|
| Drawing Competition TO SEEK TO STRIVE |  |  |
| DATE                                  | 17 <sup>st</sup> August 2019   |  |
| AREA                                  | Kotturpuram  |  |
| ACTIVITIES                            | The students went to Gypsy Colony in kotturpuram slum area where children often don't go to schools due to financial reasons. To encourage them to understand the need for a healthy childhood, the students organised a drawing competition for gypsy children. |  |





17.08.2019 - Gypsy Colony Children displaying their drawing talents at Kotturpuram

| B.S.W.                      |   |  |
|-----------------------------|---|--|
| Quiz and Games for Children |   |  |
| DATE                        | 19st August 2019  |  |
| AREA                        | Kotturpuram   |  |
| ACTIVITIES                  | A quiz program was conducted by the students for the benefit of the children from the community. Some general questions were asked since many of them did not go to school. The winners were given some sweets for prizes to the winners. The program was conducted for some of the street children who were standing nearby. |  |





19.08.2019 - Quiz and Games for the Gypsy Children at Kotturpuram

| T   | <b>T T</b> | 7   |
|-----|------------|-----|
| 12  | 1/1        | ./  |
| -15 | <br>. VI   | ٧ . |

| Community Analysis – Gypsy Colony |   |  |  |
|-----------------------------------|---|--|--|
| DATE                              | 29th August 2019 TO STRIVE  |  |  |
| AREA                              | Kotturpuram   |  |  |
| ACTIVITIES                        | A survey was conducted on the social economic conditions of the gypsy community. The students studied the, occupation, housing and other facilities, customs and traditions, problems and needs. It provided the students with a better knowledge of the community especially their way of life, marriages and food habits. |  |  |





 ${\bf 29.08.2019 \cdot Gypsy\ Colony \cdot Community\ Analysis\ by\ the\ Students\ at\ Kotturpuram}$ 

| T | $\alpha$ | -  | T 7 |
|---|----------|----|-----|
| к | •        | 1/ | N/  |
|   |          |    |     |

| Rally on Girl Child         | Education   |  |
|-----------------------------|---|--|
| Runy on one chira Education |   |  |
| DATE                        | 1st August 2019   |  |
| AREA                        | Kotturpuram TO STRIVE   |  |
| ACTIVITIES                  | The rally that was conducted to highlight the importance of girl child education. It taught us skill in communicating to the public and creating awareness among them on such issues which may be difficult for us to talk about them individually. The rally continued for more than one hour in the streets of Kotturpuram which covered 8 streets north to south. By giving higher education to girl child, the girl child family get a status, Thus a girl child is educated it is a benefits of the family and the whole family is educated. |  |





01.08.2019 - Garnering Support for the Girl Child Education at Kotturpuram

| B.S.W.                      |   |  |
|-----------------------------|---|--|
| Rally on Water Conservation |   |  |
| DATE                        | 1st August 2019   |  |
| AREA                        | Kotturpuram, Chennai  |  |
| ACTIVITIES                  | A rally was conducted on water conservation which was considered the need of the hour since Chennai city is facing acute water problem. And the Kotturpuram Slum is facing serious water scarcity. Methods of saving water, rain water harvesting were explained. |  |





01.08.2019 - Water Conservation Rally at Kotturpuram

| B.S.W   |   |  |
|---|---|--|
| Health Awareness Camp to Larsen And Toubro Contract Workers |   |  |
| DATE  | 9 <sup>th</sup> November 2019   |  |
| AREA  | L&T Project Site, Kalpakkam, KanchipuramDist  |  |
| COLLABORATION<br>WITH                                       | HR Team, L&T Private Ltd, Chennai   |  |
| ACTIVITIES  | A mime was conducted to create awareness on the harmful use of tobacco and other substance abuse.  Awareness on the importance of using safety measures in construction sites and the cautious use of asbestos was conducted. |  |







09.11.2019 - Student explaining the Importance of Clean Habits for a Healthy Living at Kalpakkam



| B.S.W                        |   |  |
|------------------------------|---|--|
| Eye Camp in Mundiyur Village |   |  |
| DATE                         | 22/11/2019  |  |
| AREA                         | Mundiyur Village, Tamil Nadu  |  |
| COLLABORATION<br>WITH        | M.N. Eye Hospitals, Chennai   |  |
| ACTIVITIES                   | Free Eye Testing was done. The elders who were detected with Cataract were referred for free surgery at M.N. Eye Hospitals. Those who had defective eyesight were also given free spectacles.  Of the 94 registered, 48 were given spectacles and 18 refereed to free cataract surgery. |  |





22.11.2019 - Students helping Doctors during the Eye Camp at Mundiyur Village





### ூூ M.N. கண் மருத்துவமனை இூ

**ജான**கி நடராஜன் கண் பார்வை ஆராய்ச்சி (ம) மறுவாழ்வு அறக்கட்டளை



பேட்ரிசியன் கலை மற்றும் அறிவியல் கல்லூரி

## ூலவச கண் அறுவை சிகிச்சை முகாம்

நாள் : 22.11.2019, வெள்ளிக்கிழமை காலை 9.30 மணி முதல் மசியம் 12.30 மணி வரை

# இடம் : DMPB சர்ச் முண்டியூர் கிராமம்

- 🏚 அனைவருக்கும் கண் பரிசோதனை இலவசம்
- 🔷 கண்புரை அறுவை சிகிச்சை (உள்விழி வென்சுடன்) இவவசம்
- 🔷 அறுவை சிகிச்சை வேண்டுவோர் முகாம் நாளன்றே மருத்துவமனைக்கு செல்ல தயாராக வரவேண்டும். ஏற்கனவே உட்கொள்ளும் மருந்து மாத்திரைகள் மற்றும் ரேஷன் அட்டை (அ) ஆதார் அட்டை நகல் *மற்றும்* வெரபையில் எண் ஒன்றை உடன் கொண்டு வரவேண்டும்.
- 🔈 தரமான கண்ணாடி குறைந்த விலையில் முகாமில் கிடைக்கும்.
- 🏶 கருவிழி கண்பரிசோதனை 🏶 மாறு கண் பரிசோகனை
- 🟶 கண்நீர் அழுத்த நோய் பரிசோதனை
- 🏶 சர்க்கரை நோயாளிகளுக்கான விழித்திரை பரிசோதனை
- 🖶 கண் கண்ணாடி அணிவதிலிருந்து விலக்கு பெற்றிட லாசிக் லேசர் ஆலோசனை.

வழி கடத்துபவர்கள் :

பேட்ரிசியன் கலை மற்றும் அறிவியல் கல்லூரி மாணவர்கள்

பொதுமக்கள் அனைவரும் கலந்து கொண்டு பயன்பெற அன்புடன் அழைக்கின்றோம்

### <u> மருத்துவமனை முகவரி :</u>

#### M.N.கண் மருத்துவமனை (பி) லிட்

எண். 781, திருவெற்றியூர் நெடுஞ்சாலை, தண்டையார்பேட்டை, சென்னை-21. போன் : 044 – 25656403

தனியார் ஹெல்த் இன்சூரன்ஸ், அரசு ஹெல்த் இன்சூரன்ஸ் *மற்றும்* முதலமைச்சரின் விரிவான மருத்துவ காப்பீடு திட்ட பயன்களையும் கண் மருத்துவமனையில் பெறலாம்.

கொடர்புக்கு : 9842192985, 8939128935, 8903688732

காலமெல்லாம் வாம்வோம்!

கண்தானம் செய்வோம்!!